# Creating a department of medical physics: "The AZ Sint Lucas Gent experience"

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### **Disclaimer**

The views and opinions expressed here in this presentation are the personal views of myself and do not necessarily reflect the official views of the Belgian Hospital Physicst Association (BHPA) or the AZ Sint Lucas Hospital where I am employed



# Overview of the presentation

- Introduction of myself and the AZ Sint Lucas Gent
- Department of medical physics in AZ Sint Lucas
- Challenges and successes
- What holds the future?



### Who am I?

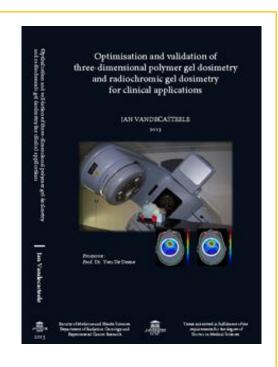
### **Professional career:**

2008-2013: PhD student at Ghent University (dept. RT UZ Gent)

2013-2017: Medical physicist Radiotherapy at AZ Sint Lucas Gent

2017-present: Head of radiotherapy physics at AZ Sint Lucas Gent

→ 2021-present: Head of the department of medical physics





### Who am I?

### **Professional union of medical physicists:**

# BELGIAN HOSPITAL PHYSICISTS ASSOCIATION



2015 - 2019: Board member BHPA

2019 - present: President of BHPA

Focus on legislation and professional matters:

- Actively involved in feedback on the RD on medical exposure
- Work towards official recognition of the medical physicists → Health Care Professional
- Attempt to upgrade of the medical physics education/internship in Belgium



### Introduction of AZ Sint Lucas & Volkskliniek

Located in the hart of the city of Ghent

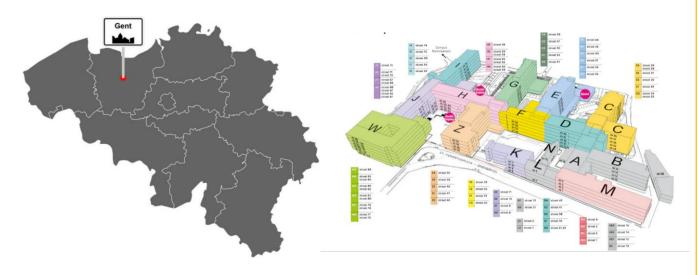
779 + 122 hospital beds68,000 admitted patients p.a.2587 employees of which 237 MD's

2nd most beautiful parking lot in the world ©











### Introduction of AZ Sint Lucas & Volkskliniek

~ 60 X-ray devices at 3 sites in Gent, Aalter and Zelzate

### **Radiotherapy**

3 linear accelerators, 1 HDR brachy therapy, 1 CT simulator, 50kV machine

### **Medical imaging**

• 3 CT's, 3 tele rooms, 2 CBCT's, 2 mobile RX, 1 mammo, 2 interventional radiology machines

#### **Nuclear medicine**

• 1 PET-CT, 3 SPECT-CT, nuclear therapies: <sup>131</sup>I, <sup>223</sup>Ra, <sup>90</sup>Y, <sup>166</sup>Ho,...

### Operating theatre, day care hospital, urology, pain clinic

• 12 C-arms

#### **Cardiovascular department**

2 interventional cardiology machines

### **Dentist and maxilliofacial surgery**

3 OPG and 8 intra oral machines



# **Department of Medical Physics**



# Birth of the department of medical physics

February 2020 - July 2021: informal communication: few respons

August 2021: initiative from hospital - Create official function:

Collaboration of all 7 MPE's in the hospital with representation of all domains of competence

#### Final offer:

- 20% FTE as Head of the department
- Separate office
- Separate email adress
- Limited financial renumeration
- → 2 candidates
- → Start October 1st 2021



#### Diensthoofd Medische stralingsfysica



- Development and implementation of an hospital-wide policy on medical radiation physics
- Organization of medical radiation physics including identification of resources necessary to meet regulatory requirements
- Promote multidisciplinary and integrated approach.



# Position of the department

### Dosimetry has a dual responsibility (European BSS Directive 2013/59/Euratom)



MD

End-responsibility of medical exposure lies with practitioner and responsible for medical aspect of patient dosimetry

**Functional structure** 



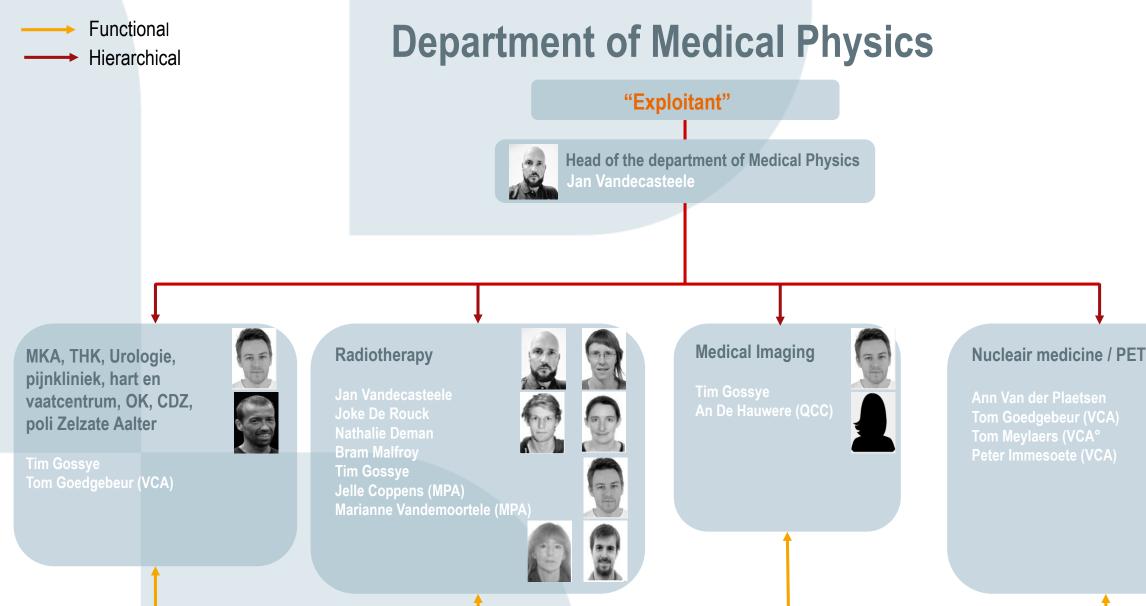
#### **MPE**

Responsible for physical and technical aspects of patient dosimetry

→ MPE's should be able to act independently

**Hierarchical structure** 





#### **Head of department**

MKA, THK, Urologie, pijnkliniek, cardio, OK, CDZ, poli Zelzate en poli Aalter

#### **Head of department**

Radiotherapy

#### **Head of department**

Medical imaging



Nuclear medicine / PET

# Who is the exploitant?

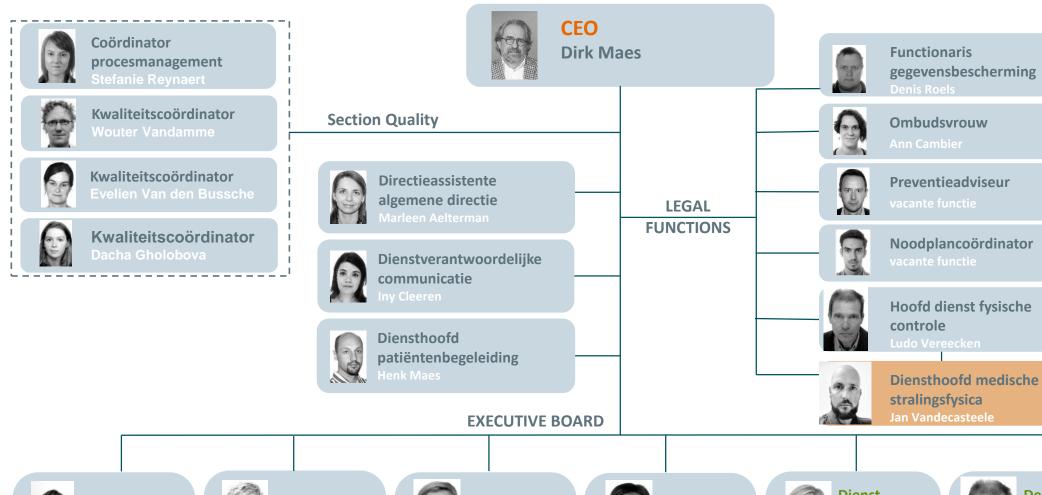


Who can legally act as representation of the "exploitant"?

- CEO
- member of board of directors IF explicitly mentioned in the bylaws of the non-profit organization that board members can act as representation of the exploitant (VZW/ASBL)
  - Director of facilities and techniques
  - Nursing director
  - Medical director
  - → Contradicts the former: to separate Medical and Radiophysical responsibilities



### **ORGANISATION AZ SINT-LUCAS**





Medical Department

Medisch directeur

Dr. Katrien De Ketelaer



Zorgdepartement

Verpleegkundig directeur Els Vanblaere



Financieel departement

Financieel directeur An Stragier



Adviseur algemene directie Siska Bruyneel



Dienst personeel & organisatie

Directeur P&O Christine Van der Hoogerstraete



Departement Facility en technieken

Directeur F&T Ludo Vereecken

# And so it begins...

- 1. Lack of expertise in the working of Medical Imaging and Nuclear Medicine dept.

  Need to fill in the gaps (a lot!) → good network is necessary!
- 2. Find new balance in Radiotherapy dept.
  Radiotherapy was well organized: but now loses 0.2 FTE
- 3. What does it mean: 20%FTE head of department and 100% responsible?



- Topics for which "exploitant" is responsible
- Topics for which practitioner (MD) is responsible
- Topics for which MPE is responsible



# Topics for which "exploitant" is responsible

Organization of clinical audits

19/02/20 Technical Regulation Since September 1st 2019

How do you define a department?

- •A department with a specific code/identifier (FOD health care)
- A medical technical service
- •A "heavy" medical technical service
- •A department identified as such in the medical regulation

Minimal every 2 year in all departments where acts are performed under the responsibility of a practitioner licensed for the use of X-ray applications or nuclear medicine applications

→ X-Ray applications: self-assessments

→ Nuclear medicine: Internal audit

In AZ Sint Lucas
Cell Quality

Who will initiate this? Who will perform this? who will check this?



# Topics for which "exploitant" is responsible

- Training of Authorized personnel: "gemachtingen / personnes habilité"
  - RD Medical Exposures Art. 85 basic training radioprotection for the patient
  - RD Medical Exposures Art. 86 Continuous training

#### Who will coordinate and check this?

In AZ Sint Lucas

Department of HR

+

Department of nursing



# Topics for which "exploitant" is responsible

 Art 12: determination and evaluation of patient doses or activities administered to the patient

#### Shared responsibility between "exploitant", MD and MPE

- Patient doses must be able to be estimated retrospectively
- Appropriate system informing the practitioner about the relevant parameters for patient dose estimation
- Relevant dose parameters must be able to be exported to an appropriate PACS
- Medical exposure information is part of the examination or treatment report and patient record

Need of dose management system on hospital level, Belgian level, European level?



# Topics for which practitioner (MD) is responsible

- Perform only justified actions
- Presence during medical radiological procedures (physical, in the institution/service/room)
- Written clinical procedure for each medical radiological procedure:
  - minors;
  - pregnant women;
  - attendants and caregivers.
  - Interventional radiology: a written procedure regarding the prevention or mitigation of skin effects
- •





# Topics for which MPE is co-responsible

#### **Quality control**

QC after maintenance/repair

→ Article 15§1 The "exploitant" is responsible for informing the head of the Medical Radiation Physics Service after each maintenance, adjustment or repair as referred to in Article 42 § 1, 47 § 1, and 52 § 1, or in his absence, the licensed expert in medical radiation physics.

How to do this in a meaningful way?

- → Avoid administrative burdon
- → Physical inventory as basis





# Topics for which MPE is co-responsible

#### **Optimisation**

- 1. Two documented optimisation projects per year per department
- → Again: What is the definition of a department?
- → MPE is part of optimization "exploitant" is responsible for optimization
- → Who will do this efficiently? List of meaningful projects?
- → Ethical committee approval needed if dose to patient is affected? MPE are NOT a fealth care professional

2. Give advice on medical ethics

Little response from ethical committee – MPE are NOT a health care professional...

Recognition in Europe and Belgium! Project of BHPA + EFOMP in 2023



### Successes

Create a TEAM SPIRIT of MPE's where there used to be islands

Better visibility of medical physics in dept. without internal MPE's

Constructive questions on automatisation of dose reporting

Constructive questions on optimal use of equipment

Better flow in replacement of equipment (tendering)

Better follow-up of MPE QC and preventive maintenance remarks

Give advice on legislation (medical exposure, MDR,...)

Make the hospital aware of all the medical radiological equipment and processes



### What holds the future?

#### 20/02/2023

All hospitals with CT or NM need the create a department of Medical Physics

### **Head of the department (when no MPE is employed)**

- Employed by "exploitant"
- Training as "gemachtigde / personne habilitée

Not always as easy to find...

Personal opinion: Need for strong local coordination if we want this to be useful!

- → Via (in)formal adjunct ? (in case formal same requirements as head of department...)
- → But not mandatory... can it then be a independent MD? Broken hierarchical chain?



### What holds the future?

### **Final thoughts:**

What about the size of departments, distance between sites and the workload?

Need for objective criteria. What is the added value?

Hospital fusion: What about 1 "exploitant" with e.g. 7 hospials?

What about integration with the hospital networks?

For the head of the department in hospitals without MPE employed, are the requirements as gemachtigde / personne habilitée the best?

→ Bring symmetry back and introduce MPA in every domain of competence



### What holds the future?



BHPA should support the (adjunct) heads of medical physics

→ Create "CHMP"

"Committe of Heads of departments of Medical Physics"

Facilitate the integration and recognition of medical physics in health care legislation

Dept. Medical Radiation Physics should become Dept. Medical Physics include MRI and Sonography,... → Need to join forces for the benefit of patient care



# Thank you!

